



The Book of Psalms

For God Is My Defense

Psalm 60

Reading: Psalm 60:1-12

Who is the only one who can completely heal and restore us?

What always precedes restoration in order to reveal what has been hidden?

Verses 4 & 5 tell us that God has given us a banner. What does that banner tell the enemies of our soul about us?

What do we need from God in times of trouble?

James 1:5 — *“If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.”*

Verse 12 says it is God who “treads down our enemies”. What are some of the enemies of our souls that God will tread down?

Promise to cling to this week: *“Through God we will do valiantly, for it is He who shall tread down our enemies.” Psalms 60:12*