



The Book of Psalms

Praise and Prayers for Every Day

Psalm 40

Reading: Psalm 40:1-17

What is the only thing that David say we need to do – that allows God to hear our cry, bring us out of the pit, and put a new song in our mouths?

Instead of “*respecting the proud*” and listening to the lies – what voice do we need to listen to? What should we be crying out for in these days?

What does the born-again experience give us? How does the burnt offering of Jesus’ sacrifice change us?

Ezekiel 36:26 *“I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh.”*

John 3:6 *Jesus answered, “Most assuredly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit.”*

What happens after our hearts have been transformed? How does God take even our shy personalities and give us boldness to speak the truth?

Promise to cling to this week: *“He has put a new song in my mouth— Praise to our God; Many will see it and fear, And will trust in the Lord.” (verse 3)*