



The Book of Psalms

Praise and Prayers for Every Day

Psalm 4

Reading: Psalm 4:1-8

There is a huge difference between these two ideas that God has “relieved me IN my distress” versus just “relieving my distress”? How do you see the difference?

God has set us apart FOR HIMSELF - how is that distinction different than just being set apart?

John 17:24 – *“Father, I desire that they also whom You gave Me may be with Me where I am, that they may behold My glory which You have given Me.....”*

How can we see injustices and have righteous anger; but yet not sin? There is a fine line between righteous anger and unrighteous anger – where is that line?

How does social media and the quick impulse that we have to respond to everything – keep us from meditating and being still while we process and get the heart of the Lord?

When we are beat down and don't feel like there is anyone “good” out there – what do we do?

Romans 5:3-5 - *“And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.”*

Promise to cling to this week: *“You have put gladness in my heart, More than in the season that their grain and wine increased.”*