



The Book of Psalms

Praise and Prayers for Every Day

Psalm 39

Reading: Psalm 39:1-13

Why does David just muse inside of himself and try to stop the complaining from coming out of his mouth?

Though the discipline of the Lord is real – what kind of Father is God and what is the purpose of His chastening?

Hebrews 12:11 - *“Now no chastening seems to be joyful for the present, but painful; nevertheless, afterward it yields the peaceable fruit of righteousness to those who have been trained by it.”*

What does it mean *“Certainly every man at his best state is but vapor”* and how can that statement give us comfort?

Philippians 4:12-13- *“I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. I can do all things through Christ who strengthens me.”*

How does the reality that we are pilgrims in this life WITH God set us free - *“For I am a stranger with You, a sojourner”*?

Promise to cling to this week: *“And now, Lord, what do I wait for? My hope is in You.”*
(verses 7)