



The Book of Psalms

Praise and Prayers for Every Day

Psalm 30

Reading: Psalm 30:1-12

What was God's ultimate goal with David's life – taking him from the pit to the palace?

God wanted to strip David from all his strengths, so He could be a King dependent on God not His own self-sufficiency. How did He do that?

How does God lift us up even when it looks like our “foes” are rejoicing over us?

God is more concerned about making our lives strong then giving us momentary successes. How does His favor strengthen us for the long term?

Philippians 2:13-15 - “...work out your own salvation with fear and trembling; for it is God who works in you both to will and to do for His good pleasure.”

Do all things without complaining and disputing, that you may become blameless and harmless, children of God without fault in the midst of a crooked and perverse generation, among whom you shine as lights in the world.”

When President John Quincy Adams, our sixth President said said - “*Duty is ours, Results are God's*”. What does that mean?

Promise to cling to this week: “*I will extol You, O Lord, for You have lifted me up, And have not let my foes rejoice over me.*” (verse 1)