



The Book of Psalms

Praise and Prayers for Every Day

Psalm 22

Reading: Psalm 22:1-31

What are the two tracks that we need to look at as it relates to Psalm 22 to fully understand the depths of this passage of scripture?

We instantly start referring some of these verses to the suffering of Jesus on the cross. What are the segments that stand out to you as prophetic about the Messiah?

John 2:19 - *“Jesus answered and said to them, “Destroy this temple, and in three days I will raise it up.”*

What does trust look like in Psalm 22 and how do you think Jesus made it through this intense suffering?

The suffering of Jesus gave us THE promise. What does the scene look like at the end of time when he *“rules over the nations”*?

Romans 8:18 - *“For I consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.”*

Have you ever been in a season when your heart felt like melted wax? How did you make it out of that season? If you are still in – what steps can you take to trust God?

Promise to cling to this week: *“A posterity shall serve Him. It will be recounted of the Lord to the next generation, They will come and declare His righteousness to a people who will be born, That He has done this.”* (verse 30-31)